



FOR IMMEDIATE RELEASE

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**MID-UNION SLED HAULERS (M.U.S.H.) SLED DOG RACE
(MYSTIC LAKE YMCA)**

January 11-12, 2014

February 1-2, 2014

Lake, Mich.— Ready, set, HIKE! Mystic Lake YMCA to provide venue for two Mid-Union Sled Haulers 2014 races. Musher's race at Mystic Lake YMCA, 9505 W Ludington Dr, Lake Station, MI 48632. Events begin at 11:00 a.m. Saturdays and 10:00 a.m. Sundays. Events consist of dog sledding, weight pulling, skijoring, and the 100 yard dash for our youngest mushers. Spectators are welcome at all M.U.S.H. events. This race is sponsored by M.U.S.H. and Mystic Lake YMCA.

Schedule of Events

Saturday

9:30 am Driver's Meeting
11:00 am 3-Dog Class & Junior Class
12:00 pm 5-Dog Class
1:30 pm 7-Dog Class
2:00 pm Ski-Joring
2:30 pm 1-Dog Class (ages 5-12)
3:00 pm Weight Pull

Sunday

10:00 am 3-Dog Class & Junior Race
11:00 am 5-Dog Class
12:30 pm 7-Dog Class
1:00 pm Ski-Joring
1:30 pm 1-Dog Class (ages 5-12)
2:30 pm Awards Ceremony

About Mid-Union Sled Haulers

Mid-Union Sled Haulers, Inc. (M.U.S.H.) is a non-profit organization located in the Mid-Western U.S.A. dedicated to dog sledding on an amateur basis, for the love of their dogs and the promotion of sled dog racing as a fun, family activity. M.U.S.H. was established in 1980.

About our Events

Dog Sledding

The most easily-identifiable form of the sport is regular dog sledding. "Mushing", as it's termed, requires a team of well-behaved, social athletes who relish performing with like-minded canines. Anywhere from two-to-16 dogs, or more, generally comprise most teams. Why do the dogs run and pull? Because they love it!

Weight Pull

This sport can also be traced back to early Alaskan history, when dogs were used to haul freight, mail and other heavy loads in the Last Frontier. Similar to the team racing, as teams met in local villages friendly rivalries developed into challenges to determine the best pulling dog.

Skijoring

Originating on the other side of the world, where skis and pulks had developed as a common method of travel across the frozen landscapes of Scandinavia, skijoring is another popular dog-powered sport available at M.U.S.H. events. The desire to test dogs' abilities against others led to impromptu competitions.

The 100-Yard Dash

The 100-yard dash is a race specifically for our up-and-coming generation of mushers. This is a supervised race, with a length of 100-yards, designed to bolster the confidence of our young members and provide them with real-life experience on a race trail. These kids are the future of our sport!

Sled Dogs are Athletes

Sled dog racing is one of North America's oldest winter sports. All races and training sessions are held in various locations throughout the State of Michigan. As an organization, we start training in September. Cooler temperatures in fall are an ideal time to optimize the dogs' physical condition and build on team commands before race season. Race season usually starts in January, ending in March.

Arctic breeds such as Alaskan Malamutes, Samoyeds and Siberian Huskies are frequently used in sled dog racing. Other breeds and crossbreeds are common, such as the Alaskan Husky (a type of dog developed based on athletic ability) and the Eurohound, which is a mix of German Short-haired Pointer, English Pointer and even Greyhound.

The dogs of today's racing teams are true athletes and share an incredible bond with their driver. Most dogs range in size from 40 to 60 pounds and are kept at an optimal, healthy weight. Drivers favor dogs that are even-tempered, gentle and able to stand the pressures of a rigorous training schedule. A sled dog may put in hundreds of miles in a training season and will be transported in vehicles to races for many thousands of miles over the course of a three-month period. The dogs, and mushers, relish their active lifestyle!

More Events are Listed on

www.midunionsledhaulers.com

<https://www.facebook.com/MidUnionSledHaulers>

For Current Race Conditions

Call our "Cold" Line at (517) 554-8465. For the safety of our athletes, animal and human alike, several factors are considered directly before an event, such as weather and trail conditions. The Cold Line is updated the Thursday before the race, confirming if the race will take place. The race chairperson can also be contacted for current conditions.

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See you on the trail!

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